



# 10 WARNING SIGNS

Memories often change with age, but memory loss that disrupts daily life is not a typical part of the process. It may be a symptom of dementia - a slow decline in memory, thinking and reasoning skills.

The most common form of dementia is Alzheimer's (AHLZ-high-merz) disease, a fatal disorder that results in the loss of brain cells and function.



**Memory loss that disrupts daily life**



**Challenges planning or solving problems**



**Difficulty completing familiar tasks**



**Confusion with time or place**



**Trouble understanding visual images and spatial relationships**



**Misplacing things and losing the ability to retrace steps**



**New problems with spoken or written language**



**Decreased or poor judgement**



**Changes in mood or personality**



**Withdrawal from work or social activity**



**Need more help with an Alzheimer's diagnosis?**

Use the QR code to view our website for more resources.

**knowalz-il.org**

